To enter the jogscotland 20th Birthday Virtual 5K

Click the ENTER NOW button found on this page:- [Enter now for our 20th Birthday Virtual 5K! - Jog Scotland](#)

2) Click on Individual Entries. The option to book as a group of 5 or 10 will appear later in the process.

3) You'll be directed to this page:- Scroll down and click on the fixture calendar
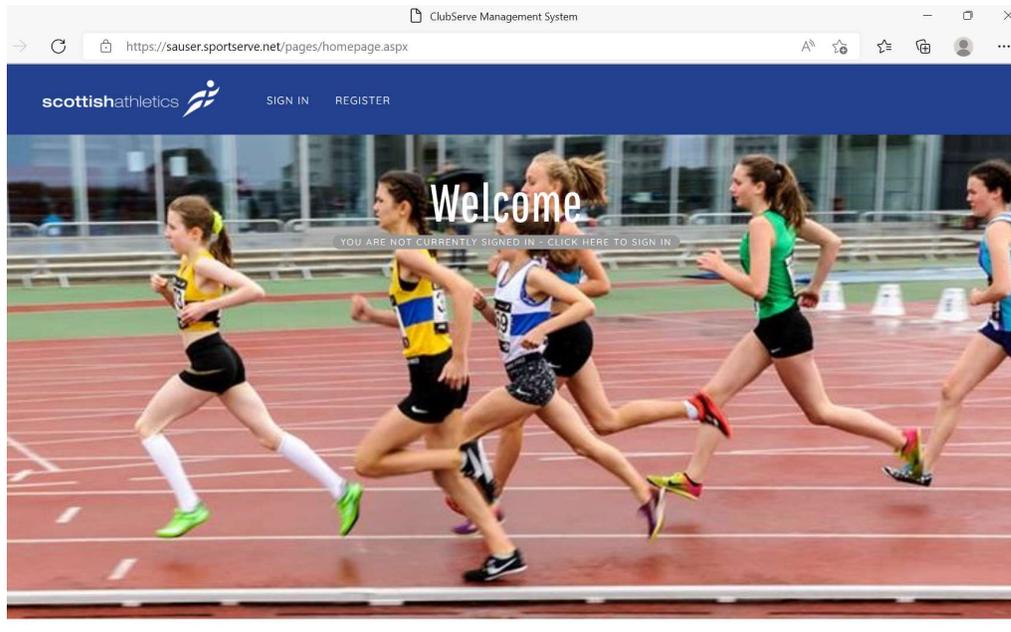
4) Scroll down the list and click on the jogscotland virtual 5K listing. If you can't see it, type the word 'Virtual' into the search bar at the top and hit enter.

5) Sign into your account. Your username will likely be your email address. Use the password reset prompt here if you can't remember your password.
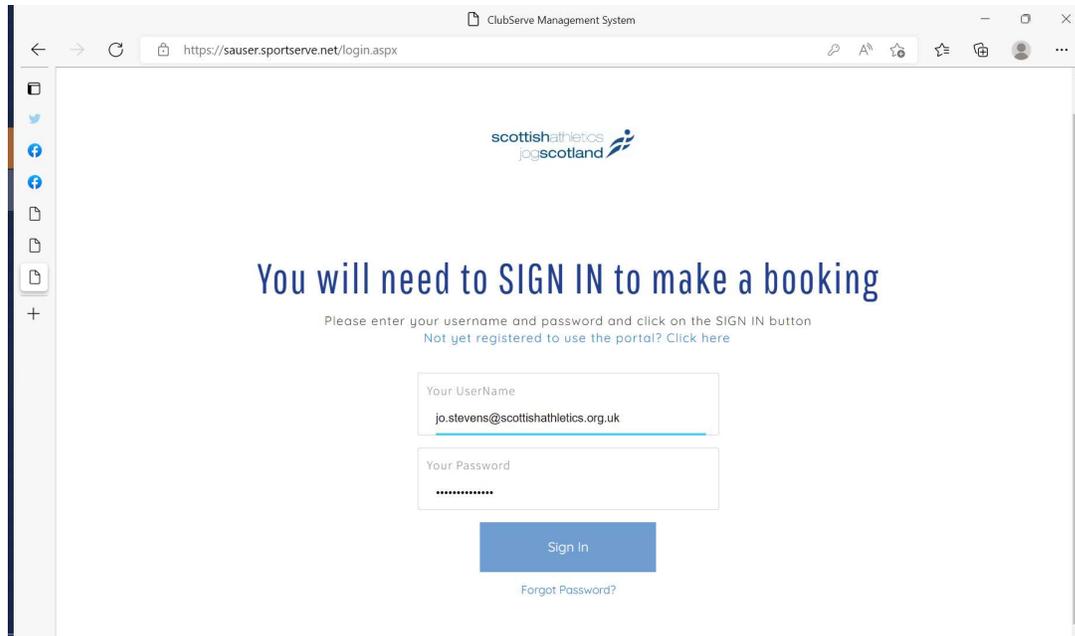
6) Once you've signed in, you will land on this page for the event. Click the blue BOOK ONLINE button.
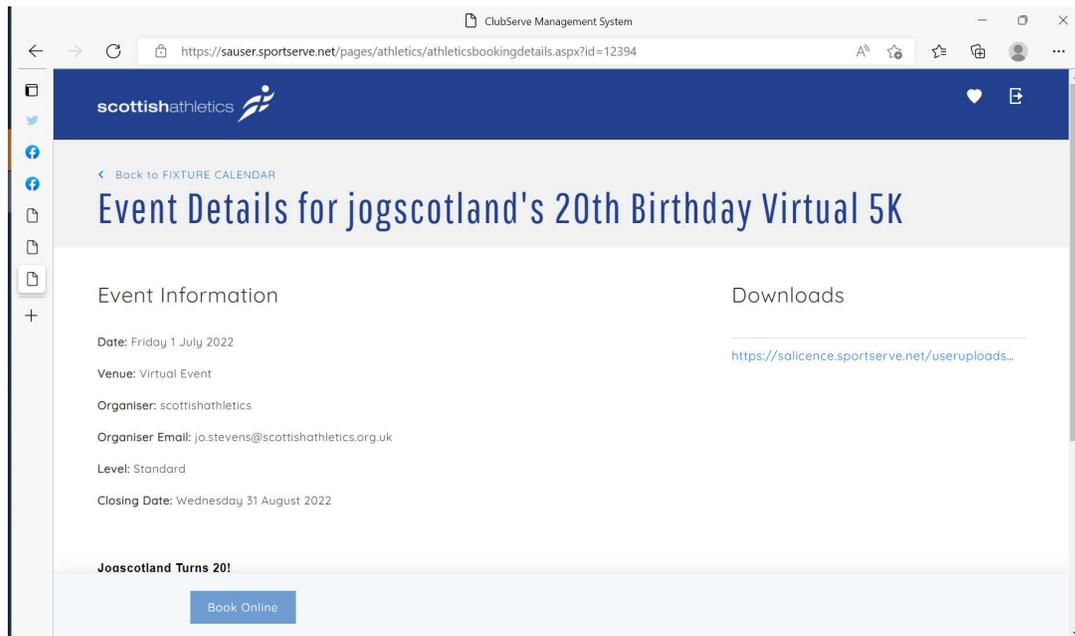
7) Choose the entry type from the from the table and the cost will appear in the right hand side. You can choose to sign up as an individual on this screen or as a group booking of 5 or 10 people. If booking for 5 or 10, only your address details will be required and the batch of medals will be mailed to you to distrubute to the group.
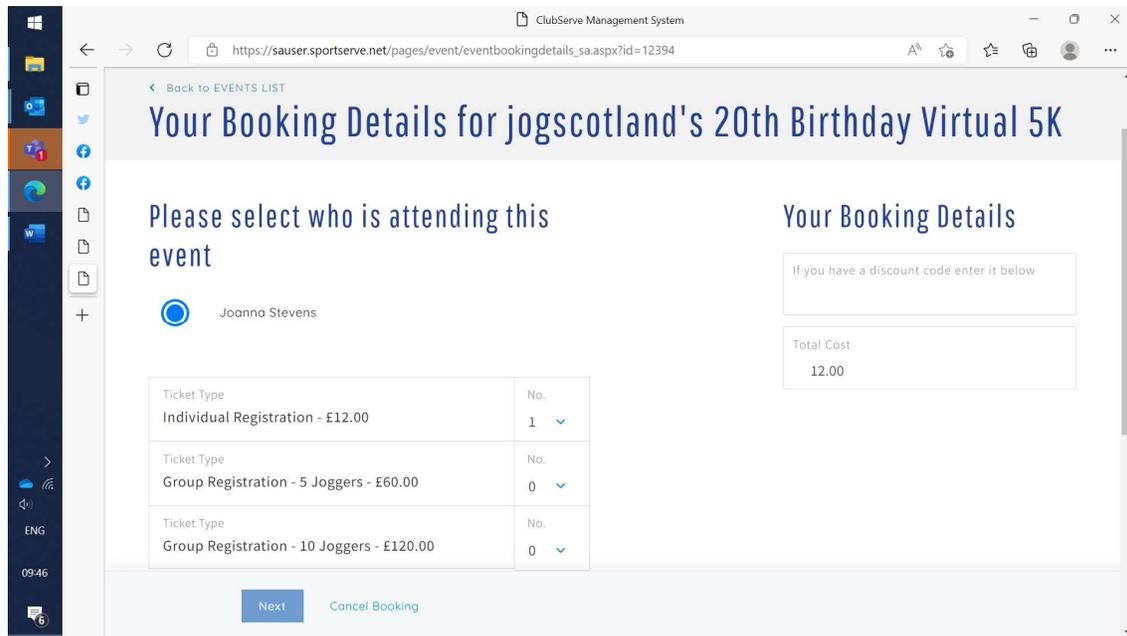
8) Click Next

9) On this page, select your jog group from the drop down list. If your group is not in the list, you could email jo.stevens@scottishathletics.org.uk to add it or you could choose undecided to let you continue.
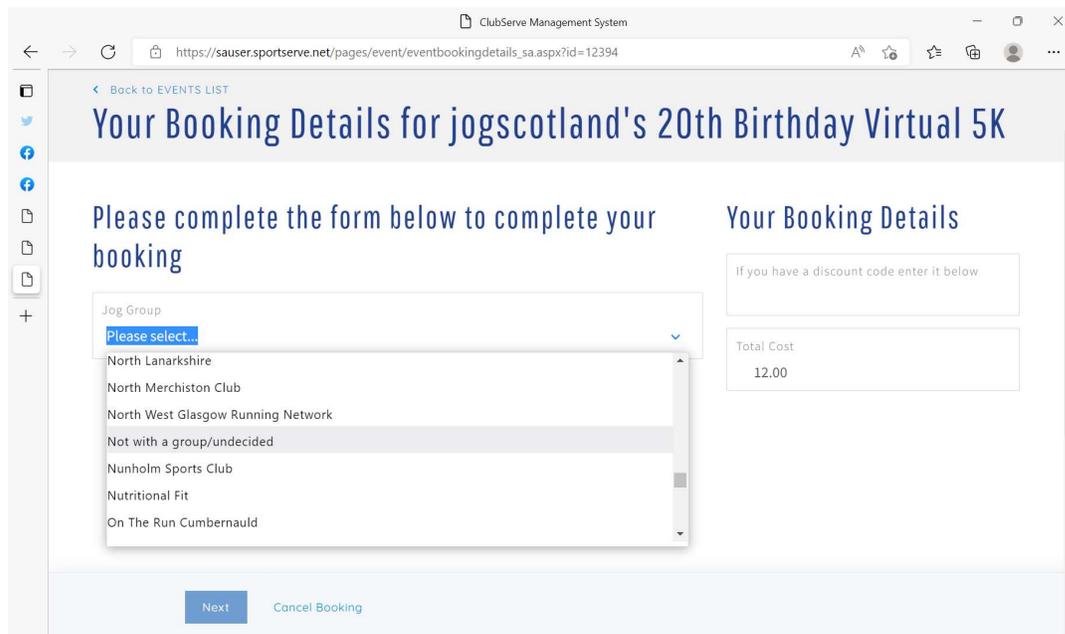
10) From the Your Basket screen, click the proceed to checkout button to add your card details.