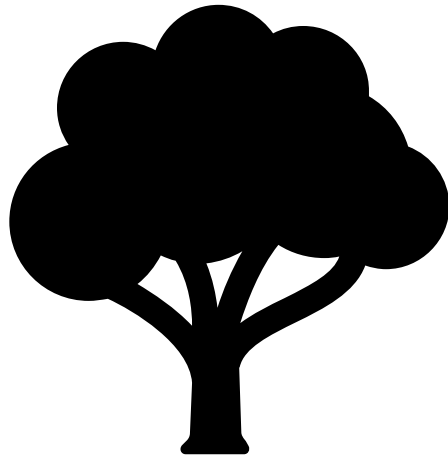


TAKE NOTICE



**Stop and look at
your surroundings
when outdoors**



for Scotland's mental health

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