**COVID-19 – JOGGING GROUP FRAMEWORK TEMPLATE FOR SAFE RETURN TO ACTIVITY**

*\*This framework is based on current advice from the Scottish Government and* ***scottish****athletics. Jog Leaders, joggers and administrators should be ready to adapt to further changes at short notice.*

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|  | **Phase 1** | **Phase 2** | **Phase 3** | **Phase 4** |
| **Governance & Management** |  |  |  |  |
| **Facilities**  **(including health & safety)** |  |  |  |  |
| **Training Groups** |  |  |  |  |
| **Athletes** |  |  |  |  |
| **Jog Leaders** |  |  |  |  |
| **Welfare** |  |  |  |  |
| **Events** |  |  |  |  |

Information on the Scottish Government’s approach to managing covid-19 is available at [www.gov.scot/coronavirus-covid-19/](http://www.gov.scot/coronavirus-covid-19/)

Advice from jog**scotland** is available at <https://www.jogscotland.org.uk/>

Other Guidance can be found [www.hps.scot.nhs.uk/a-to-z-of-topics/hand-hygiene/](http://www.hps.scot.nhs.uk/a-to-z-of-topics/hand-hygiene/)

Disclaimer - this guidance has been prepared by **[ENTER GROUP NAME]** to set out the steps the club will take at each phase of the Scottish Government’s route map through and out of this crisis. The actions we have outlined are based on our interpretation of the route map the Scottish Government has issued and further guidance issued by **scottish**athletics. This document will be updated every time further guidance and clarity is provided by the Scottish Government and **scottish**athletics. Individuals who need to seek clarity on any of the points should do so by contacting the group COVID Coordinator.