



## Risk assessment considerations

There is a risk assessment template available for Jog Leaders on the following page of our website: <https://jogscotland.org.uk/jog-leaders/support-and-tools/>

The below list sets out some further considerations for your risk assessments in response to the additional risks posed by Covid-19. This is not an exhaustive list so please review all guidance documents provided by jogscotland and consider the appropriate risks for your group.

- Member guidance
  - What information will you supply to joggers before they attend training?
  - Do you have up to date contact details?
  - Advise joggers not to attend sessions if they, or any members of their household, are displaying symptoms of Covid-19.
  - Confirm on arrival with joggers that they aren't displaying symptoms.
- General hygiene
  - Will hand washing facilities be available where you are training?
  - Are you advising all joggers to bring hand sanitiser? Will you supply sanitiser?
  - What other steps will you take to encourage good hygiene.
- Equipment
  - What equipment is required and who will bring it?
  - Who will handle equipment?
  - How will equipment be cleaned? Will it be cleaned prior to and after training?
  - Can joggers bring own equipment if necessary?
- Communication
  - Ask joggers to inform group leader if they display symptoms at any stage following training.
  - Ensure all joggers and leaders are aware of risk assessment and protocols in place for reducing the risk of the virus.
  - Ensure all Jog Leaders are briefed prior to each training session.
- Training environment
  - Consider other risks within the area you train e.g. other users in public spaces; high traffic touch points in the area you train (railings; benches).
  - Outline how physical distancing will be maintained in the training area.
  - Identify suitable meeting points to ensure not all members will be at same point in the training area. Depending on group size this could potentially breach the permitted group size.
  - Consider staggered times and/or days to reduce numbers at any one specific point.
  - Are session plans suited to ensuring physical distancing can be maintained?
  - Review measures following each training session.